

Tales  
of Cyprus  
HOME TRUTHS

NUMBER

3

CONSTANTINOS EMMANUELLE

# Home Truths

## NUMBER THREE

*Children in the old days were better prepared to cope with the world around them.*



*My little cousins in Mousere around about 1956 getting lots of Vitamin D.*

The most startling revelation revealed by the people that I interviewed was I guess – the notion that young people in the village were expected to help the adults with the daily chores. This might include washing, ironing, cooking, cleaning, sweeping, feeding the animals, gathering the harvest, fetching water, sowing or sewing, picking fruit, planting, mending, fixing and so on and so on.

Not many children were blessed with an education and those who were lucky enough to get one were often pulled out of school before they finished 5th grade and pushed into a life of domestic

chores. The truth be told, parents often had little choice and little money to afford the luxury of education for their children, when there was so many other pressing needs on the family farm. To our modern eyes it may look like an unfair existence or even forced child-labour but in reality, children in the village helped their parents as a means of survival. Everybody pitched in back then. Only the very young were spared that fate. Interestingly, the people I interviewed did not recall past childhoods with any degree of sorrow or regret but rather a simple acceptance that it was just the

way things were back then. Such was their life and their fate. What was most remarkable about the lifestyle of a young person growing up in rural Cyprus was how mature and capable they were. Compared to their modern-day counterparts, young people were able to stand on their own two feet and fend for themselves before they reached the grand old age of 13. One woman I interviewed mentioned that by the age of twelve she could cook a number of complicated recipes, look after her younger siblings, wash and iron silk shirts and tend to the fields and livestock as good as any adult in the village. My mother for instance would help her mother bake bread for the village without delay or complaint. My father accompanied his father to the fields and helped thrash the wheat, sow the legumes, pick the grapes and herd the goats. I know parents in today's world who struggle to get their youngsters to do the simplest of chores around the house such as taking their empty plate from the kitchen table all the way to the sink. In most cases, these same parents become the enablers who do everything for their children while their 'offspring' laze around on their double-bed duvets, warmed by central heating with bellies full of pizza and Pepsi-max as they thumb their way around an array of mind-numbing gadgets, games and online activities. As a teacher and also as a parent I am often bamboozled by the actions (or rather inactions) of young people today. It saddens me to think that although they have more tools and resources than any previous generation they appear to be bored, disinterested, apathetic and generally incompetent with even the simplistic of life skills. My parents would often tell me that no-body in Cyprus at the time of their youth was bored or overweight. There wasn't any time for that. They also stated that by the time you reached the dizzy age of 17 you were expected to marry, raise a family and keep a house. Although life was tough and tiring – it prepared you for the world of the grown-ups quick smart.

In my lifetime I have witness a steady decline in language, literacy and numeracy amongst the younger members of society. People are now talking about the death of handwriting

as we know it. Anxiety and depression is on the rise. Obesity and diet-related illnesses have increased ten-fold. Social-phobias, insecurity, low self-esteem and extremely poor communication are also modern-day curses for the young these days. Many elderly Cypriots lament how youth is wasted on the young these days. Most agree that today's teenagers who have been force-fed consumerism or spoiled from the crib have become lazy, disgruntled, ungrateful and a discontented bunch of whingers and whiners. Bit harsh perhaps. You have to appreciate however, that the people that I interviewed remember living in a remote village in Cyprus, in a mud-brick house with no sewerage, no electricity and no modern comforts to speak of and yet were able to use nothing more than their imagination to pass the time and amuse themselves.

I can't begin to imagine what it must have been like for my parent's generation to wake up at the break of dawn and then face a day ahead of chores and outdoor activity before retiring wearily onto a hard bed to sleep. I believe that children of that bygone era were never really lonely. They had plenty of siblings, cousins and friends to keep them company, to play together and share their time in hours of conversation. Through my research I also discovered that many children would play traditional games such as hide and seek, skipping rope, marbles, hop-scotch and a lovely game called 'Lin-gri' which involved hitting a small stick in a baseball-style manner with a bigger stick. This was home-grown fun in the great outdoors. Can you imagine that? Children playing outdoors in large groups. Incredible. Fast-forward 80 or 90 years and picture that lumpy and anaemic-looking teenager sprawled on their bed with the cord of a laptop coiled around their leg as they trawl mindlessly through post after post on their Facebook wall in a desperate attempt to connect with other humans on the planet. That it should come to this.



**C O N S T A N T I N O S**

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